



Breakthrough Podiatry

A revolution in foot care

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Bunions Be Gone! Jane, a 42 year old female patient presented to Breakthrough Podiatry complaining of chronic bunion pain on her left foot. She presents in a pair of black walking shoes. "Dr. Williams" she says, "I can only wear shoes like this now, and even they are beginning to hurt my bunion. Please help me to get rid of this pain so I can wear pretty shoes again!"

Jane's bunion was due to a chronic bio-mechanic disorder that causes the great toe to move in a lateral direction, at the first metatarsophalangeal joint. This progressive deformity develops over many years as the great toe moves closer and closer towards the second toe, and often will over or under-lap the second toe. Fortunately for Jane and many other Breakthrough Podiatry patients she was able to schedule surgery to alleviate her pain and return her to shoes she wanted to wear in 6-8 weeks.

Patients with bunion pain can benefit from several types of foot surgery that will allow them to ambulate the same day as their surgery. Many bunions can be simply repaired thru simple bone remodeling and tendon release. In many cases more intense repair is required. For those cases, Dr. Williams is skilled in the use of internal fixation devices to allow patients to recover very quickly with minimal pain.

Physicians can combat bunion related foot disorders by being aware of the most common symptoms and then referring them to Breakthrough Podiatry, where patients will benefit from the latest ground-breaking treatment methods to obtain exceptional outcomes.



Common symptoms include

- 1) Lateral deviation of the great toe with redness and swelling**
- 2) Pain and tingling at the outside of the 1st MPJ**
- 3) Pain with any shoe wear at the bunion area**

Lead by Bruce Williams, Doctor of Podiatric Medicine, Breakthrough Podiatry challenges convention to deliver outstanding results, reduce failed podiatric therapies, and improve foot health. The majority of Breakthrough Podiatry patients overcome pain in 5 treatment visits or less.

www.Breakthroughpodiatry.com

**Dr. Bruce
Williams
specializes in**

**Bunion related
Foot disorders**

Foot Surgery

**and other
podiatric
disorders.**

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